Thank you to all the faculty members who have contributed to this newsletter, it is very much appreciated. This is our second edition, and as we move forward with the PhD program, this would be a good place for incoming graduate students to see what is happening at our School and whether York University, School of Nursing is where they would like to apply, and who they could choose as a Supervisor.

One of our Strategic Directions is to build research intensity, that may be so as you are all busily engaged in scholarly activities- doing research, presenting at conferences etc, but we need to show this to students, other disciplines looking for research partners, and the university. All newsletters will be posted on our website to showcase what is happening in scholarship within the School of Nursing.

I look forward to receiving your contributions for the next Edition in late November.

Mina D. Singh RN, PhD
Associate Director, Research
Associate Professor
School of Nursing

Global Reach

Chinese Students Visit School of Nursing, York University

York University’s School of Nursing hosted special guests from Dalian Medical University and Nanchang University, China. This visit was organized by our Visiting Professor, Dr. Ji Ji.

There were 5 nursing students with 2 teachers: Zhan Jianhua, Wan Mingyu, Wang Di, Zhu Lingyi, Su Xuan, Liu Jie
and Zhong Qingling respectively, who participated in academic courses in the classroom and Nursing Simulation Centre at the Keele Campus. They also visited Sick Kids Hospital, Baycrest Hospital and Yee-Hong Long Term Care Home to learn more about nursing practice in Canada during the visiting period from July 7 to July 27.

“Canadian nurses pay more attention on how to care person while we focus on how to treat diseases,” stated Zhong Qingling, the professor from Nanchang University who was impressed with simulation demonstrations in Health assessment class. Associate Professor and Vice Chief Nursing Executive for the second affiliated hospital of Dalian Medical University, Zhang Jianhua, remarked that “As a nursing educator, it is very important to teach nursing students how to protect client’s rights, I think it is a great opportunity to learn about the Canadian nursing education system and health system. There are a lot of differences in nursing culture and nursing practice between China and Canada. We hope York University’s School of Nursing will develop more short-term programs in the next year while we sincerely welcome York University’s students to visit Dalian Medical University.”

The following people contributed to making this visit a success: Dr. Janet, Jeffrey, Dr. Mina Singh, Dr. Rose Steele, Prof. Laura Nicholson, Prof. Mavoy Bertram, Sheila M. O’Brien Lewis John Remington, Andria Phillips, Irfan Aslam, Mary Akumoa-Boateng (Baycrest), Teresa Ku (Yee Hong), Vera Gueorguieva (Sick kids), In the Fall, we have the opportunity to learn from China as several of our faculty members will be visiting China. Dr. Rose Steele is an invited speaker at the School of Nursing Nanjing Medical University, Her presentation will be: “Is there a difference between ‘evidence-based’ and ‘evidence-informed’ practice? Teaching undergraduate nursing students in Canadian baccalaureate programs”. Dr. Pilkington and Dr. Lee will be visiting Dalian Medical University from October 18 to October 20 to seek joint research opportunities.
Grants

Chris Jonase-Simpson, RN, PhD

ASC Grant Synopsis

Amount Funded $118,901.40

It is well-known that music is meaningful to persons living with Alzheimer’s disease and related dementias (ADRD). Despite many research studies on the effectiveness of music on outcomes such as reducing anxiety, agitation, or pain, there is very little research on the experience of musical engagement for persons living with ADRD.

Researchers have also not explored musical engagement with a focus on relationships, musical embodiment and intergenerational learning.

Thus the objectives of this study are; to explore, observe, document and video-tape experiences, expressions and patterns of: relationships, musical embodiment, and intergenerational learning during musical engagement at the Dotsa Bitove Wellness Academy (DBWA), a place of learning, for persons living with Alzheimer Disease and Related Dementia (ADRD); to produce a series of short documentaries and a full-length research-based documentary to capture the experience of a theoretically grounded music curriculum and to translate the theory of compassionate relational dementia care into practice; and, to explore the effectiveness of these documentaries in conveying the principles of compassionate relational dementia care.

Recent culture change initiatives in dementia care in Canada call for the adoption of person-centred and relational care models, yet translating these models into practice has proven difficult. Recent research suggests that the arts are an effective means of shifting images and understandings of dementia and actions in healthcare that are person-centred and focused on relationships.

This project aims to explore how the experience of an innovative music curriculum, as recorded in research-based documentaries, might enhance understandings of person-centred and relational care and the adoption of these care principles into practice for formal and informal care partners.
Knowledge Translation Tools-Grants-Research Based Dramas

Gail J. Mitchell, RN, PhD

**Synopsis**

*Cracked: New Light on Dementia (2016)*, Partnerships in Dementia Care Alliance, University of Waterloo, Waterloo, Ontario, Canada. Funded through a CIHR Knowledge Translation Supplement Grant.

Cracked is a research-based drama based in research conducted by Drs. Sherry Dupuis, Gail Mitchell, Pia Kontos, and Christine Jonas-Simpson, all of whom are health researchers who specialize in the areas of aging, dementia, and research-based drama.

Developed collaboratively with a group of artists.

Cracked is grounded in the idea that relationships must be front and centre when providing care for persons with dementia, memory in all of its forms must be valorized, self-expression must be nurtured, and the humanity of those who are living with dementia must be fully supported. This perspective is in contrast with the dehumanizing care practices that still prevail in many dementia care settings.

Impact: Cracked was performed three times in July 2016 to health professionals and members of the public. It has been invited as a keynote at national conferences and was accepted for inclusion through an adjudication process in the SpringWorks Indie Theatre and Arts Festival in Stratford, Ontario for three performances in May 2014. Researchers were interviewed for TV on Daytime at Rogers TV and for radio on CBC Radio in May 2014.

**Re-Imagining Dementia through the Arts**

*Synopsis*


In this arts and community-based research project we brought persons with dementia, family members, visual and performance artists, and researchers together in a one-day workshop to explore the implications of the tragedy discourse for persons and families experiencing dementia and work with them to begin to create an alternative discourse.

Working collaboratively, eight visual and poetic expressions were created that reflect what persons with dementia want the world to know about them: despite loss and sadness they are supported by loving networks, embracing life, remaining active and engaged, breaking the silence, and transforming with new possibilities.
Impact: The visual and poetic expressions were chosen to be featured at an installation at LabCab, a multi-arts festival in Toronto, Canada, in July 2013.

It also featured at Toronto Rehabilitation Institute-University Health Network, Innovations Gallery in 2013 and was so successful was invited back for a second showing.

We were invited to showcase the art at the Knowledge Translation in Dementia Care: It Takes a Community workshop held in Toronto in May 2014 and at the 10th birthday celebration of Highview Residences in London, Ontario also in May 2014. A story on the art appeared in the Kitchener Record in Fall 2013.

### Knowledge Dissemination

### Peer-Reviewed Articles

#### Gail J. Mitchell, RN, PhD


#### Rose Steele, RN, PhD

INVITED PRESENTATIONS

Mitchell, G.J. (April 20, 2016). Evidence Based Practice: Critique and Alternative View. The Shields Lecture Series, Indiana University, Southbend, USA.

BOOK CHAPTERS