

Running Head: An Abstract Concept of Resistance Amid Sea Change in Nursing Theory

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Abstract

In keeping with the simultaneity paradigm in nursing, the author ventures into the scholarly discourse of philosophy, organizational theory, psychology, and nursing, in hopes of discovering a new understanding as to why some nurses resist adopting nursing theory as a guide to practice. The discussion unfolds using the metaphor of *sea change* to illuminate changes within the human-universe health process and how the notion of resistance has been perceived, implied, and afforded capricious usage, without clear understanding of its intent. The author offers a clear and concise definition of the abstract concept of *resistance* in light of the disciplinary discussion, and in keeping with unitary view of humans with their universe. The author draws on her own lived experience with the concept of resistance to nursing theory and offers some suggestions to better support nurses who venture to the seashores of theoretical knowledge and choose to engage in a *sea change* in practice.

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