

# School of Nursing Scholarship News

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Nursing Simulation Lab

## Welcome Message from the Editor!

We have had a great year, with many successful grants, busy with publications and conferences. I look forward to working with all of you in building our research capacity.

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Mina D. Singh RN, PhD  
Associate Director, Research  
Associate Professor  
School of Nursing

## Researcher Profile

### Nazilla Khanlou, RN, PHD



Women's Health Research Chair in Mental Health,  
Faculty of Health  
Academic Lead, Meighen Wright Maternal Child Health Scholars Program  
Associate Professor, School of Nursing  
York University,  
Toronto, ON, Canada  
<http://nkhanlou.info.yorku.ca/>

**Nazilla Khanlou, RN, PhD,** is the Women's Health Research Chair in Mental Health in the Faculty of Health at York University and an Associate Professor in its School of Nursing. Professor Khanlou's clinical background is in psychiatric nursing. Her overall program

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of research is situated in the interdisciplinary field of community-based mental health promotion in general, and mental health promotion among youth and women in multicultural and immigrant-receiving settings in particular. She has received grants from peer-reviewed federal and provincial research funding agencies. Dr. Khanlou was the 2011-2013 Co-Director of the Ontario Multicultural Health Applied Research Network (OMHARN). She is founder of the International Network on Youth Integration (INYI), an international network for knowledge exchange and collaboration on youth. She has published articles, books, and reports on immigrant youth and women, and mental health. She is involved in knowledge translation to the public through media.

## Office of Women's Health Research Chair in Mental Health

As the inaugural Chair, since 2008, Dr. Nazilla Khanlou has set-up and led the Office of Women's Health Research Chair in Mental Health at York University. The Office aims to promote community-based research on women's

mental health and well-being. We focus on identifying risk factors related to marginalized populations, and promote community-based approaches, prioritizing the involvement of community members in research. Our goals are to 1) conduct interdisciplinary scholarship toward enhancing the mental health of Ontario's and Canada's women, children and youth; 2) to develop new models of faculty-student and faculty-faculty collaboration on scholarly initiatives; and 3) to contribute to York University's Faculty of Health's advancement and initiatives from local to global levels.

## Research

The Office implements community-based approaches to the study of marginalized populations. Important goals are to promote research that may be translated into concrete practice and policy recommendations, and to conduct knowledge transfer activities to disseminate research findings and recommendations. Team researchers promote the involvement of key stakeholders (e.g. community members, health and social service providers) into research design and implementation. Current areas of research focus are

immigrant mothers of children with developmental disabilities; newcomer women and families; and research on other populations such as resilience among youth.

## Knowledge Transfer

The Office creates, organizes, and promotes a range of knowledge transfer (KT) activities directed at diverse audiences, including community organizations, students, faculty, service providers, and policy makers. KT activities include Women's Mental Health Research Speakers Series, community forums, information sheets, learning institutes, conferences, media, and publications and presentations in peer-reviewed venues.

## Students

The Chair actively promotes the involvement of students in different academic and research activities. She is the Academic Lead of the Meighen (formerly Lillian) Wright Maternal-Child Scholars program, an initiative that provides scholarships to students examining maternal-child health. Dr. Khanlou supervises students from undergraduate to postdoctoral levels and research personnel from diverse disciplines (such as health, nursing,

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psychology, sociology, law). She teaches in the School of Nursing, and is cross-appointed to the Graduate Program in Health and the Graduate Program in Psychology at York University.

## International

The Office has two main initiatives to promote collaboration and exchange among scholars worldwide. The first is the International Network on Youth Integration (INYI), whose main objectives are to facilitate exchange of information and collaboration around the world on youth integration. Members include scholars and practitioners from Canada, Africa, Asia, Europe, and the United States. Dr. Khanlou is the founder of INYI and editor of the INYI Journal (ISSN 1929-8471). The second initiative is hosting of visiting scholars and students from around the world (for example, Brazil, South Korea).

## Examples of recent scholarly activities with colleagues and students

### 1) Journal Publications:

2017 Khanlou N, Mustafa N, Vazquez LM, Davidson, & Yoshida K. Mothering children with developmental

disabilities: A critical perspective on health promotion. *Health Care for Women International* (38)6, 613-634. Available url: <http://dx.doi.org/10.1080/07399332.2017.1296841>

2017 Khanlou N, Haque, N Mustafa N, Vazquez LM, Mantini A, & Weiss J. Access barriers to services for immigrant mothers of children with autism in Canada. *International Journal of Mental Health & Addiction* (15)2, 239-259. Available URL: <https://link.springer.com/article/10.1007/s11469-017-9732-4>

2017 Khanlou N, Haque, N, Skinner A, Mantini A, & Kurtz Landy C. Scoping review on maternal health among immigrant and refugee women in Canada: Prenatal, intrapartum and postnatal care. *Journal of Pregnancy*, 2017, Article ID 8783294, 14 pages, Available URL: <https://www.hindawi.com/journals/jp/2017/8783294/cta/>

2017 MacDonnell JA, Dastjerdi M, Khanlou N, Bokore N & Tharao W. Activism as a feature of mental health and wellbeing

for racialized immigrant women in a Canadian context. *Health Care for Women International*, 38(2), 187-204.

2017 Abdullah P, Costanian C, Khanlou N, & Tamim H. Prevalence and characteristics of water-pipe smoking in Canada: Results from the Canadian Tobacco Use Monitoring Survey (CTUMS). *Public Health* (148), 102-108. <https://doi.org/10.1016/j.puhe.2017.03.007>

### 2) In Press Book:

2017 Pashang S, Khanlou N & Clarke J. (Editors). *Today's youth and mental health: Hope, power, and resilience*. Advances in Mental Health and Addiction (Series editor: Masood Zanganeh). New York: Springer, (in press).

### 3) International Presentation:

2017 Khanlou N (Keynote Presenter). (20 May 2017). Immigration and mental health. Migration Challenges in the Globalization Era. ICS - Instituto de Ciências da

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Saúde, Universidade Católica Portuguesa, Lisbon, Portugal.

#### 4) Presentations:

2017 Asefaw S, Gebremikael L, & Khanlou N. (15 June 2017).

Embracing equity, investing in change: Black youth with developmental disabilities at the margins of practice and policy. 3rd Harvey Stancer Research Day. University of Toronto, Toronto, Ontario.

2017 Christmas CM, & Khanlou N. (15 June 2017). A scoping review of how resilience in youth is defined and measured. 3rd Harvey Stancer Research Day. University of Toronto, Toronto, Ontario.

2017 Khan A, & Khanlou N. (15 June 2017). A scoping review of the risk factors, and diagnosis of bipolar disorder in children and adolescent in selected Asian and Middle Eastern Countries. 3rd Harvey Stancer Research Day. University of Toronto, Toronto, Ontario.

2017 Vazquez LM, Khanlou N, & Davidson D. (15 June 2017). A critical perspective on inclusive research with young adults with developmental

disabilities. 3rd Harvey Stancer Research Day. University of Toronto, Toronto, Ontario.

2017 Clarke J, Pashang S, & Khanlou N. (30-31 May 2017). Cyber sexual violence against emerging young women: From colonial discourse to modernized shaming. CASWE-ACFTS Conference, Toronto, Ontario.

2017 Asefaw S, Khanlou N, Flicker S, Vazquez LM, Gebremikael L, & Olaiya O. (12 May 2017). (Poster). Intersections of privilege, ableism and disempowerment: The marginalization of black female youth with developmental disabilities and their family members. Women's Xchange Conference. Women's College Hospital, Toronto, Ontario.

2017 Cuffy LP, Khanlou N, & Vazquez LM. (12 May 2017). (Poster). Investigating the bio-psychosocial effects of compounded trauma on Black women's mental health: A study of two localities in Ontario, Canada. Women's Xchange Conference. Women's

College Hospital, Toronto, Ontario.

2017 Pashang S, Clarke J, Khanlou N, & Azad B. (12 May 2017). (Poster). The mental health impact of cyber sexual violence against emerging young women. Women's Xchange Conference. Women's College Hospital, Toronto, Ontario.

2017 Abdullah P, Costanian C, Khanlou N, & Tamim H. (29 March 2017). (Poster). Prevalence and characteristics of water-pipe smoking in Canada. Ontario Public Health Convention, Toronto, Ontario.

2017 Cateni D, Kurtz Landy C, Khanlou N, Tamim H, & Sword W. (16 February 2017). The effect of method of delivery and psychosocial factors on postpartum sexual satisfaction. 4th Annual Canadian National Perinatal Research Meeting, Montebello, Québec.

#### 5) Grants:

2017- Khanlou N (PI) & Mantini A (Co-PI), & Degendorfer K. Know Your Privacy Rights: Advancing PIPEDA for Young Adults with Developmental

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Disabilities and their families. Funded by The Office of the Privacy Commissioner of Canada (Contributions Program), \$49,979.

2017- Khanlou N (PI), Vazquez LM, Mantini A, & Khan A. Asian and Latino Canadian youth experiences of cultural identity: An intersectional exploration of contemporary immigrant and multicultural narratives. Funded by SSHRC Research Opportunity Grant (York University), \$3,000.

2017- MacDonnell JA (PI), & Dastjerdi M (Co-PI), Bokore N, Tharao W, & Khanlou N (Co-). "Finding a space for me outside of the stereotypes": Building servicer provider capacity. Funded by Women's Xchange at Women's College Research Institute (15K Challenge Program), \$15,000.

2016- Khanlou N (PI). Privacy rights for youth with developmental disabilities: A roundtable discussion on barriers and facilitators. Funded by LaMarsh Centre for Child and Youth Research (LaMarsh Research

Development Fund), York University, \$1,000.

2016- Pashang S, Clarke J, Khanlou N (Co- I), & Azad B. The impact of cyber shaming on emerging young women. Funded by Women's Xchange at Women's College Research Institute (15K Challenge Program), \$15,000.

2015- Khanlou N (PI), Jones G, & Yoshida K. Impact of gender and migration status on accessing direct/ flexible/ self-directed social funding for developmental services in Ontario. Funded by Ministry of Community and Social Services (Developmental Services Research Grant), \$100,091.

## 6) Public Appearances - Knowledge Translation to Public via Media:

2017 York U study identifies health challenges for mothers of children with developmental disabilities. Y-File: York's Daily News (28 April 2017). N. Khanlou interviewed. <http://yfile.news.yorku.ca/2017/04/28/york-u-study-identifies-health-challenges->

[for-mothers-of-children-with-developmental-disabilities/](http://yfile.news.yorku.ca/2017/04/28/york-u-study-identifies-health-challenges-for-mothers-of-children-with-developmental-disabilities/)

2017 Caretip: How to support immigrant mothers. Bloom Blog. Holland Bloorview Kids Rehabilitation Hospital (February 2017). N. Khanlou provided tips. <http://campaign.r20.constantcontact.com/render?m=1102230218347&ca=3687de32-f51b-4649-b041-2e6af278aa7e>

## 7) Book Display:

2017 Department of Psychiatry, University of Toronto. Performing Psychiatry (19 January 2017). Khanlou & Pilkington, Book Display: "Women's Mental Health: Resistance and Resilience in Community and Society."

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## Publications

**Mary Fox, RN, PhD**



1. **Fox, M.T.**, Sidani, S., Butler, J.I., & Tregunno, D. (2017). Nurses' Perspectives on the Geriatric Nursing Practice Environment and the Quality of Care for Older People's Care in Ontario Acute Care Hospitals, *Canadian Journal of Nursing Research*, 49(2), 94-100
2. Sidani, S., Ibrahim, S., Lok, J., Fan, L., **Fox, M.**, & Guruge, S. (2017). An Integrated Strategy for the Cultural Adaptation of Evidence-Based Interventions. *Health*, 9(4), 738-755, <http://www.scirp.org/journal/Health/>
3. Sidani, S., Reeves, S., Hurlock-Chorostecki, C., van Soeren, M., Collins, L., **Fox, M.** (2017). Exploring differences in patient-centered practices among health and social

professionals in acute care settings. *Health Communication*. Apr 12:1-8. doi: 10.1080/10410236.2017.1306476. [Epub ahead of print]

**Rose Steele, RN, PhD**



1. Friedrichsdorf, S., Siden, H., **Steele, R.**, Flood, A., Postier, A., & Hamre, K. (June, 2017; in press). Medication use in children with progressive, life-threatening conditions. *Journal of Pain Research*.
2. Eaton-Russell, C., Widger, K., Barrera, M., Beaune, L., Rapoport, A., **Steele, R.**, Cadell, S., & Rugg, M. (May, 2017; in press). Sibling's perspectives: Toward a better understanding of their involvement with a dying child. *Death Studies*.

**Judith Ann MacDonnell, RN, PhD**



1. **MacDonnell, J.A.**, Dastjerdi, M., Bokore, N., Tharao, W., Khanlou, N., & Njoroge, W. (2017). "Finding a space for me outside the stereotypes": Community engagement in policy and research to foster Canadian racialised immigrant women's mental health and well-being. *Int J Ment Health Addiction* (2017). doi:10.1007/s11469-017-9776-5 Published online June 8, 2017.

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## Christine Jonas-Simpson, RN, PhD



1. **Jonas-Simpson, C.**, Donovan, L., Cross, N., Keren, R., Shan, R. (2017, January 25). "Seeing beyond the veil: Experiences of palliative dementia care". CAP Research and Innovation Day 2017, MaRS Auditorium, Toronto, ON, Canada.
2. Gray, J., Kontos, P., Dupuis, S., **Jonas-Simpson, C.**, Mitchell, G. (2017, April). "Re-telling Dementia: Exposing the Tragedy of Dementia and Envisioning Alternatives through Theatre". The European Network in Aging Studies, April 27-30, 2017, Graz, Austria.
3. Kontos, P., Grigorovich, A., Dupuis, S., Mitchell, G., **Jonas-Simpson, C.**, Gray, J. (2017, April). Raising the curtain on dementia stigma: Fostering a new cultural imaginary for a more inclusive society. The European

Network in Aging Studies, April 27-30, 2017, Graz, Austria.

4. **Jonas-Simpson, C.**, Mitchell, G., Dupuis, S., Kontos, P., Cross, N. (2017, January 25). "Experiences of Relational Caring through the Arts with Persons Living with Memory Loss". CAP Research and Innovation Day 2017, MaRS Auditorium, Toronto, ON, Canada.

## Conferences

### Jacqueline Choiniere, RN, PhD



### Peer-Reviewed Presentations:

Braedley, S., Lowndes, R., Armstrong, P., Chivers, S., **Choiniere, J.**, Daly, T., *Rapid + Teamwork:*

*Reflecting on Creative Collaborative Teamwork.*

Presentation @ Canadian Sociology Association Meeting, Toronto: May 31, 2017.

**Choiniere, J.**, Braedley, S., Daly, T., Lowndes, R., Struthers, J. *Physical Environments and Quality of Life: Research Insights.* Presentation, Ontario Association of Nursing Homes and Services for Seniors (OANHSS) Annual General Meeting & Convention. Toronto: April 20, 2017.

### Invited Presentations:

Chivers, S., **Choiniere, J.**, Lowndes, R. *Mind Shifts: Marketing Privatization in 2 Ontario Long-Term Care Homes.* Presentation at Reimagining Long-term Residential Care: An International Study of Promising Practices -Annual Meeting. Innisville: May 24, 2017.

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## Laura L. Nicholson RN, MN, EdD

### Presentations:

2017 Northern Ontario  
Simulation Symposium  
Georgian College, Barrie  
Ontario April 27, 2017

**Laura Nicholson**, Raya Gal  
York University  
Tara McCulloch, Centennial  
College

*Presentation: A patient's lens*

Teaching in Focus  
Conference  
York University, Toronto  
Ontario May 17 & 18

Eva Peisachovich, L.J.  
Nelles, Samantha Johunson,  
**Laura Nicholson**, Barbara  
Kerr, Lorian Hynes.

*Parallel Session: Application  
of a simulated person  
methodology an interactive  
pedagogy to engage post-  
secondary students.*

Teaching in Focus  
Conference  
York University, Toronto  
Ontario May 17 & 18

Lorianne Hynes & **Laura  
Nicholson**

*Panel Presentation:  
Simulation in education:  
targeting the domains of  
learning.*

## Research- based Documentaries

### Christine Jonas- Simpson, RN, PHD



**Jonas-Simpson, C.**  
(Producer and Principal  
Investigator). (2017).  
Research team: Mitchell, G.,  
Dupuis, S., Kontos, P., &  
Cross, N. *Free to Be:  
Experiences of Relational  
Caring at the Dotsa Bitove  
Wellness Academy.*  
(Research-based Short Film).  
Toronto, ON, Canada. see  
dotsabitove.com

Cross, N., **Jonas-  
Simpson, C.**, & Meschino, L.  
(2017). *Transgenerational  
Learning through the Arts at  
the Dotsa Bitove Wellness  
Academy.* (Research-based  
Short Film). Toronto, ON,  
Canada. see online  
dotsabitove.com

## Grants and Funding

### Celina Da Silva , MN, PHD



Received the AIF fund for  
\$45, 476.50 for 2017-2018  
for project titled " The next  
wave of Experiential  
education; A video module  
with embedded quizzes ( co-  
investigators are Eva P.,  
Raya G., and Laura N.).

### Jacqueline Choiniere, RN, PhD



**External Funding:**  
Armstrong, P., Armstrong,



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H., Barken, R. Braedley, S., **Choiniere, J.**, Daly, T., & Lowndes. *Changing Places: Unpaid Work in Public Spaces*. SSHRC Insight Grant, 2016 Competition. \$280,089 awarded. *Imagining Age-Friendly "Communities" within Communities: International Promising Practices*, Social Sciences and Humanities Research Council Partnership Grant, **Principal Applicant:** Tamara Daly **Co-applicants:** Susan Braedley, Sally Chivers, Julia Brassolotto, Rachel Gorman, Monique Lanoix, Ivy Bourgeault, Sara Charlesworth, Sienna Caspar, **Jacqueline Choiniere**, Gudmund Ågotnes, Donna Baines, Albert Banerjee, Karine Côté-Boucher, Frode Fadnes Jacobsen, Kate Laxer, Martha McDonald, Patricia D. McGuire, Beatrice Müller, Mia Vabø, Natalie Waldbrook, Frank Tsen-Yung Wang, Renate Ysseldyk; **Collaborators:** Lone Grøn, Tine Rostegaard, James Struthers, Stephen Katz, Joel Lexchin, Sheila Neysmith; **Partners:** York University, York University Centre for Aging Research and Education, Trent

University, Trent Centre for Aging and Society, Carleton University, Lethbridge University, City of Toronto, KORA -- The Danish Institute for Local and Regional Government Research, Toronto Council on Aging (TCA), Care Watch, Alzheimer's Society of Canada (ASC), Alzheimer Society of York Region (ASYR), Council on Aging of Ottawa (\$20,000 - LOI)

## Nazilla Khanlou , RN, PHD



SSHRC Research Opportunity Application "Asian and Latino Canadian Youth Experiences of Cultural Identity: An Intersectional Exploration of Contemporary Immigration and Multicultural Narratives" - SSHRC Opportunity Grants Committee is prepared to award \$3,000

## Judith Ann MacDonnell , RN, PHD



Received Women's XChange \$15,000 Challenge. "Finding a Space for Me Outside the Stereotypes": Building Service Provider Capacity." 1 year (\$15,000). Team: J. A. MacDonnell and M. Dastjerdi, (co-PIs), N. Bokore, W. Tharao, N. Khanlou.

## Christine Jonas-Simpson, RN, PHD

2017 January – 2017 December "Cracked: Interactive digital research resource". The Waugh Family Foundation. Research Grant. Principal Investigator: P. Kontos; Co-investigators: S. Dupuis, J. Gray, G. Mitchell, C. Jonas-Simpson. \$200,000 CAD.

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## MScN Thesis Student

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**Kristen Lee , RN,  
MScN (Candidate),**



2017 recipient of the Frank Gerstein Charitable Foundation Fellowship at the York/UHN Nursing Academy (UHN). Currently, I am a full-time Registered Nurse at Toronto

General Hospital in the emergency department. During my career as an emergency nurse, I was accepted into the Collaborative Academic Practice's (CAP) Participatory Learning in Research (PLIR) program. I chose to focus on the older adult population to examine the prevalence and nursing care practices associated with delirium and dementia in the emergency department. My interest in the older adult population continued as I began the Master of Science in Nursing (MScN) program at York University. Now in the last year of my program, I am working on my thesis focused on Advanced Practice Nursing (APN) roles in relation to older adults in the emergency department. This year I received the (2017) Frank Gerstein

Charitable Foundation Fellowship at the York/UHN Nursing Academy (UHN). This is an annual scholarship presented to a University Health Network (UHN) nurse in post-graduate studies at the York-UHN Academy or York University. This fellowship is a significant opportunity to support my current Participatory Learning in Research (PLIR) study and thesis work in the MScN program at York University.

## Nursing Events

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**October 26, 2017, HNES**  
Nursing Research Day and Graduate Programs Open House (PHD, MSCN-PhCNP, and MSCN)